

## **BUILDING BACK WITH BUCKLEY AND McGLONE!**

It's a BIG "THANK YOU" to you, the residents of St Laurence Ward for voting in the local elections on the 6th May, however you voted.

By a majority, Steve Buckley returns to the role of Councillor, and brings with him experience from a previous term of 4 years.

Cllr Dave McGlone says, "It's great to have Steve (Buckley) return to the Council, but to wish Mark Flewitt well in his next chapter, by supporting St Laurence Conservatives with his experience and knowledge".

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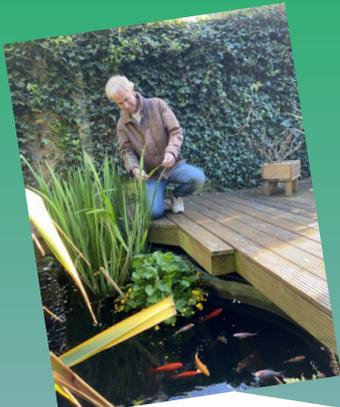


Just search for cllrsBuckleymcglone  
<https://www.facebook.com/CllrsBuckleyMcGlone>



*Cllrs Steve Buckley & Dave McGlone outside the beautiful St Laurence Church*

# Let's get gardening!



Because there is more to life than work, or because lockdown stress needs putting aside, Steve and Dave want to promote gardening to help better mental health for as many people as possible. Our friends at Trust Link are all too aware that the environment and gardening are a source of 'healing' alongside proper clinical support. Our natural link with the St Laurence and Eastwood Action Group is also encouraging a better and healthier environment to live and work in.

Why not let us have some gardening images or your favourite walk locations?

*Trust Links is South East Essex's local independent charity for mental health and wellbeing. We offer therapeutic gardening, recovery classes, social activities, employment training, and more to people living with mental health conditions and for unpaid carers. We support around 1,500 people in Southend, Castle Point and Rochford each year. We're committed to building stronger communities and promoting sustainable living.*

No political alignment is implied or exists  
We support the work of this charity.

  
**TrustLinks**

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